

Navasca

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ca has had students with different skill sets looking to develop the functional skills of Filipino martial arts. "I've trained people from all walks of life ranging from military personnel on and off-base, members of law enforcement and everyday people who want to learn how to defend themselves using various tools and such," he said.

He recently expanded the classes to include children, however, he does have one rule when it comes to teaching kids, "at least one parent has to be present during training sessions." If possible, Navasca takes the opportunity to invite the parents to participate in the training sessions.

'Ignite a flame'

Despite his years practicing the techniques, Navasca remains humble as he represents a part of the Filipino culture. "Teaching FMA allows me to continue training in the art through propagation. Even though I teach, I still consider myself a student who just hap-



COURTESY OF VLAD NAVASCA
Daniel Murray, left, and Vlad Navasca, right, practicing full contact sparring with minimal protection and live sticks.

pened to have studied for 10 years," Navasca said. "It also allows me to spread the culture and the lesser-known history of Filipinos told through FMA."

He pointed out that unlike other tactical sports, like Brazilian jiu-jitsu or judo, the island has yet to have Filipino martial arts as a regularly practiced sport.

"Guam, even though with a fairly sizable Filipino community, doesn't have a strong interest in FMA," Navasca said. "Other countries and also the U.S., have FMA exponentially growing and it's only going to expand even more. I'm hoping that I and other

FMA practitioners can ignite a flame here on Guam to bring the art out of secrecy."

Navasca plans to rebuild the practice of Filipino martial arts on island by first reviving the Filipino martial arts club at the University of Guam. He also wants to raise awareness among his fellow kababayans, "friends" in English, that even Filipinos have their own martial arts that they could practice and be proud to study and defend themselves with.

He also hopes to take his skills to several competitions like the Arnis competitions of the Southeast

Asian Games. With enough fire in him, Navasca wants to hold his own competitions on island. "Yes, I'm looking to one day start a

tournament here on Guam, even if it's just exhibition to show the different systems and styles in FMA," he said.

Those interested in learning Filipino martial arts may contact Navasca at cadenilla.eskrima.group.guam@gmail.com.

Navasca leaves those interested in FMA with one point of advice: "You'll never know how far you'll go if you don't take the first step out of your comfort zone. This is exactly what happened to me 10 years ago."

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SINFOROSO M. TOLENTINO

IN THE SUPERIOR COURT OF GUAM

IN THE MATTER OF THE ESTATE OF

WALTER STEPHEN FERENZ,
Deceased.

PROBATE CASE NO. PR0054-22 NOTICE TO CREDITORS

NOTICE IS HEREBY GIVEN by SINFOROSO M. TOLENTINO, Administrator of the Estate of Walter Stephen Ferenz, deceased, to the creditors of, and all persons having claims against said Estate or against said Decedent, that within sixty (60) calendar days after the date of the first publication of this notice, they either file them with necessary vouchers in the Office of Clerk of the Superior Court of Guam, or exhibit them with the necessary vouchers to said Administrator or his attorneys of record, Camacho Calvo Law Group LLC, 356 E. Marine Corps Drive, Suite 201, Hagåtña, Guam 96910, the same being the place for the transaction of the business of said Estate.

DATED: Hagåtña, GU, May 31, 2022.

CAMACHO CALVO LAW GROUP LLC
By: /s/ SINFOROSO M. TOLENTINO
Attorneys for Administrator

The Guam Board of Medical Examiners Regular Virtual Board Meeting

Wednesday, June 08, 2022 at 4:00PM

Join Zoom Meeting:

<https://us06web.zoom.us/j/82728603563?pwd=bXZDZ1ZuaVQ5Z2lHMjAOTUJvdWduUT09>

Meeting ID: 827 2860 3563
Passcode: 498684

Meeting Agenda:

- I. Call to order: (a) Roll Call (b) Confirmation of Public Notice.
- II. Adoption of Agenda:
- III. Review and Approval of Minutes: Minutes of May 18, 2022.
- IV. Treasurer's Report: Mr. Philip J. Flores
- V. HPLO Administrator's Report: Breanna Sablan, Acting Administrator
- VI. Chairperson's Report: Nathaniel B. Berg, M.D. (a) Emergency Issued Licenses
- VII. Old Business: (a) Determining Jurisdiction of Complaints - Continued (b) Complaint(s): (1) GBME-CO-20-005 (2) GBME-CO-2021-011 (3) GBME-CO-2022-001 (4) GBME-CO-2022-002 (5) GBME-CO-2022-003 (6) GBME-CO-2022-006 (c) Full Licensure Renewals 2021-2023
- VIII. New Business: (a) Application(s) for Full Licensure: (b) Application(s) for Reinstatement: (c) Interstate Medical Licensing Compact (IMLCC) Application(s):
- IX. Announcement: The next Guam Board of Medical Examiners Regular Virtual Meeting is scheduled for July 13, 2022 at 4:00 pm via ZOOM.
- X. Adjournment:

To view the names of the applicants being considered, go to <https://guammedical.org>

LIVE Streaming link <http://facebook.com/HPLUGuam>

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For more information, please contact the Board office at 735-7404/10 thru 12. Persons needing telecommunication device for the Hearing/Speech Impaired (TDD) may contact 475-8339.

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like Jada Han, A'lura Hernandez and Maria Taitano will be taking their next big steps by playing on the national team this year. Another newcomer Angeli Dacanay will also be playing with the team. Though she hasn't served under the junior national team, she has played in the international competition.

Coaches are expecting to see these newcomers shine with the veterans when the 2022 Micronesia Cup takes place from June 8-11 at the University of Guam Calvo Field House.

SOUTHERN SOIL AND WATER CONSERVATION DISTRICT



303 UOG/CNAS University Drive,
Mangilao Guam 96923
Telephone: (671) 735-2014

Email: southerndistrict@swcd.guam.gov



PUBLIC ANNOUNCEMENT

Southern Soil and Water Conservation District
Regular Board Meeting with Partners
Wednesday, June 08, 2022, 3:00 p.m.,
University of Guam College of Natural and Applied Sciences Bldg. Room 202

AGENDA

- I. Meeting Call to Order & Roll Call
- II. Approval of Meeting Agenda
- III. Approval of Meeting Minutes - 4/13/2022
- IV. Committee Reports
- V. Partner Reports
- VI. Resolutions
- VII. Open Forum - Southern District Farmers, Ranchers, and Landowners
- VIII. Announcements
- IX. Adjournment

Those who wish to participate via virtual conference may request for a zoom meeting link at southerndistrict@swcd.guam.gov by June 07, 2022. The public is welcome to view the meeting via livestream on the SGSWCD's YouTube page. Individuals requiring special accommodations, more information, or wish to submit public testimony may contact Erica Pangelinan at 671-300-8575 or email: southerndistrict@swcd.guam.gov.

This ad is paid with government funds by the Southern Soil and Water Conservation District