

GUAM DAILY POST - MONDAY, NOVEMBER 11, 2019

CURRENCY EXCHANGE RATES On Nov. 8, \$1 was worth:	50.451 PHP	109.22 JPY	1,154.95 KRW	30.360 TWD NT\$	6.9727 CNY	1.4528 AUD A\$	0.9048 EUR €
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# Cooking with Chef Roy Yamaguchi

By Lannie Walker  
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Taking a cooking class is a treat for most. But taking a cooking class with celebrity Chef Roy Yamaguchi of Roy's Restaurant at the Hilton Guam Resort & Spa is an experience that is on another level.

About 30 fortunate students got the chance to learn from the best during a cooking class led by Chef Yamaguchi on Friday at the Hilton ballroom.

"We used to do a lot of cooking classes, but we haven't done one for about five or six years. People had requested when I come if we could do another cooking class. So here we are," said the laid-back yet intense chef who is the founder of numerous restaurants including 30 Roy's Restaurants in the continental United States, Hawaii and Guam.

### Visits Guam once a year

With so many restaurants to attend to, Yamaguchi is a busy man, to say the



**GARNISH:** Chef Roy Yamaguchi garnishes a dish during a cooking class held at the Hilton Guam Resort & Spa on Thursday. *Dontana Keraskes/The Guam Daily Post*

least, but he makes it a point to visit Roy's Restaurant on Guam at least once a year, Hilton food and beverage director Matthew Siegel said.

"No. 1, to get together with our staff, with our crew, and go over the menu and see how everything is going," Yamaguchi said.

But team-building is also on the menu during his visits.

"I come out here and talk story, have fun, and continue to work on the menu. It's one of those things where we can bond and make some progress," he said.

As for the cooking class, "the main thing is to watch and learn," said.

Yamaguchi walked the class through a menu of pork and shrimp wontons, hearts-of-palm salad with heirloom tomatoes, frisée and walnuts, Chilean sea bass, and halo-halo for dessert, offering tips and little humor along the way.

He encouraged the students to enjoy themselves and said recipes serve as a guide that can be tailored and played with along the way.

### Some tips on garlic, oil and salads

"This is not rocket science. This is

only cooking," he said jokingly.

Yamaguchi suggested layering flavors when preparing dishes. For example, adding candied walnuts to the salad for an added dimension.

Many of his tips were simple, easy to remember, but useful in making the most of the ingredients used.

A few of Yamaguchi's suggestions:

- Flavor oil by cooking it with garlic, chili or other ingredients, strain it and save is for use in another dish.
- When frying garlic make extra to be used for a salad topper.
- Pull apart salad ingredients by hand instead of chopping to give it a less uniform consistency.
- Always toss a salad with dressing instead of pouring it on top, so the lettuce does not wilt.

Like the layers of flavor Chef Yamaguchi incorporates into his cooking, the Hilton brings the experience of Roy's Restaurant to residents and visitors in multifaceted and interactive way.

"We at the Hilton try to lead the charge and lead the market," F&B director Siegel said. "Roy has a solid reputation in this community for 27 years. We put together this cooking class to share his knowledge, his skill and his passion for the culinary art."

### GUAM ETHICS COMMISSION Notice of Meeting

*Kumision Dinisiplina I Guáhan*

At 12:00 p.m., Wednesday, November 13, 2019, Docomo Conference Room, 890 S. Marine Corps Drive, Tamuning, Guam. For special accommodations call Marilyn Borja, ADA Coordinator at 688-2484.

### THE GUAM BOARD OF MEDICAL EXAMINERS

**Regular Board Meeting**  
Wednesday, November 13, 2019  
at 4:00 p.m.

at the Tertaje Professional Building, 194 Hernan Cortez Avenue 2<sup>nd</sup> Floor, Suite 209 Health Professional Licensing Office Board Conference Room, Hagåtña, Guam.

Persons with disabilities needing special accommodations may call the ADA Coordinator at 735-7172



# HAFA ADAI BINGO

**AT THE GUAM GREYHOUND PARK  
MONDAY, NOVEMBER 11, 2019**

DOORS OPEN AT 4:00PM, SESSION STARTS AT 7:30PM | TEL. NUMBER: 969-3673  
ALL MAJOR CREDIT CARDS ACCEPTED

<b>BUDGET BINGO \$10!!!</b>	<b>HAFA ADAI BONANZA</b>	<b>JUNIOR BLACKOUT</b> <span style="font-size: 0.8em;">GIVEAWAY!!!</span>	<b>INDIAN STAR</b>
	<b>\$7,000</b>	<b>\$4,000</b>	<b>\$5,000</b>
	<b>GIVEAWAY</b>	<b>GIVEAWAY</b>	<b>GIVEAWAY</b>
	EARLY BIRD \$500   HALFTIME \$500	<b>LETTER X</b> <span style="font-size: 0.8em;">GIVEAWAY!!!</span>	<b>7 PACKAGE GAMES</b>
	<b>BUNDLES</b> • BUNDLE A (50 PKGS. + 1 SPC. EA.) \$10 • BUNDLE B (70 PKGS. + 4 SPC. EA.) \$20 • BUNDLE C (100 PKGS. + 5 SPC. EA.) \$30 • BUNDLE D (110 PKGS. + 6 SPC. EA.) \$40	<b>\$3,000</b>	<b>\$2,500</b> <span style="font-size: 0.8em;">WOWWWW!!!</span>
	<b>BUY 2 SAME BUNDLE, BUNDLES INCLUDES:</b> Letter X, Indian Star & Jr. Blackout <b>GET ONE FREE</b>	<b>SPECIAL PACKAGE (BUY 2 SAME SPECIAL PKG, GET ONE FREE PROMO) ALL IN</b> <b>GOLD PKG (100PKG + 20 FREE)</b> 8 JR. BLKOUT, 8 LETTER X, 8 IND. STAR 2 SHEET OF E.B., 2 SET HALFTIME WRMUP, 1 BONANZA, HOTBALL A & B <b>\$45</b>	LETTER X \$3 JR. BLACKOUT \$3 INDIAN STAR \$3 BONANZA \$4 EARLY BIRD \$2 HALFTIME \$2
	<b>DIAMOND PKG (110PKG + 20 FREE)</b> 10 JR. BLKOUT, 10 LETTER X, 10 IND. STAR 2 SHEET OF E.B., 2 SET HALFTIME WRMUP, 17 BONANZA, HOTBALL A & B <b>\$50</b>	<b>*NO SHARING OF LOCATOR IF FOUND SHARING, MANAGEMENT WILL FORFEIT PAYOUTS*</b> <b>*MANAGEMENT RESERVES THE RIGHT TO ALTER OR CANCEL ANY EVENT OR PROGRAM WITHOUT PRIOR NOTICE*</b>	



5 working days

Legal Notices

Department of Public Health and Social Services   

Written by Legal Notices Staff

Tuesday, 05 November 2019 00:00

**Guam Board of Medical Examiners Regular Board Meeting, Wednesday, November 13, 2019 at 4:00 PM at Terlaje Professional Building**

[Read more...](#)

Department of Revenue and Taxation   

Written by Legal Notices Staff

Tuesday, 05 November 2019 00:00

**PUBLIC NOTICE: Meeting on Tuesday, November 12, 2019 at 2:00 p.m. at the Department of Revenue and Taxation Building, Director's Conference Room**

[Read more...](#)

Department of Revenue and Taxation   

Written by Legal Notices Staff

Tuesday, 05 November 2019 00:00

**PUBLIC NOTICE: Meeting on Thursday, November 7, 2019 at 2:00 p.m. at Department of Revenue and Taxation Building, Director's Conference Room**

[Read more...](#)

Guam Power Authority   

Written by Legal Notices Staff

Tuesday, 05 November 2019 00:00

**INVITATION FOR BID: GPA-SURPLUS-001-20**

[Read more...](#)

Pacific Law Professionals, PLLC   

Written by Legal Notices Staff

Monday, 04 November 2019 00:00

**IN THE SUPERIOR COURT OF GUAM - IN THE MATTER OF THE ESTATE OF JOAQUIN CRISOSTOMO CRUZ, Deceased. (Probate Case No. PR0152-19)**

[Read more...](#)



**Guam Board of Medical Examiners Regular Board Meeting, Wednesday, November 13, 2019 at 4:00 PM** at the Terlaye Professional Building, 194 Herman Cortez Avenue, 2<sup>nd</sup> Floor, Suite 209 Health Professional Licensing Office Board Conference Room, Hagatna, Guam.

For more information please contact the Board office at 735-7404 thru 11. Persons with disabilities needing special accommodations may call the ADA Coordinator at 735-7172 or the telecommunication device for the Hearing/Speech Impaired (TDD) at 649-1801. Executive meeting may be called if necessary.